



THE WAY THE COOKIE CRUMBLES

A FOOD BLOG

Mushrooms Stuffed with Sun-Dried Tomatoes (adapted from Gourmet via Smitten Kitchen)

The only minor change I'll make to this recipe, to bring it from really damn good to perfect, is to sprinkle the inside of the mushrooms with a bit of salt before roasting them the first time. Not so much to eliminate more liquid, but just to season them. (Even Dave agreed with this, and he isn't as salt-crazy as I am.)

Makes 18

½ ounce sun-dried tomatoes (about 5)
2 tablespoons olive oil
18 white mushrooms, caps reserved, stems pulled out and chopped fine
½ cup finely chopped shallots
2 garlic cloves, minced
⅓ cup fine dry bread crumbs
1 large egg yolk, beaten lightly
¼ cup fresh parsley leaves, washed well, spun dry, and minced
½ teaspoon dried basil, crumbled
2 tablespoons freshly grated Parmesan

1. Preheat oven to 400°F.
2. If your tomatoes are packed in oil, rinse them before chopping them finely. If they're not packed in oil, soak them in a small bowl in hot water to cover for 5 minutes. Reserving 1 tablespoon soaking liquid, drain tomatoes well and chop fine.
3. Lay mushroom caps, stems removed, face down on baking sheet either lightly sprayed with cooking spray or parchment paper. Bake them approximately 10 minutes, or until their liquid puddles underneath. Remove from the oven. Carefully pour off liquid that has gathered in the bottom of the pan, and then again, carefully, turn mushroom caps over so they are ready to be filled.
4. In a small skillet heat oil over moderate heat until hot but not smoking and cook chopped mushrooms stems, shallots and garlic, stirring until shallots are softened. In a bowl stir together mushrooms mixture, bread crumbs, tomatoes, reserved soaking liquid, yolk, parsley, basil, and salt and pepper to taste. Mound stuffing in reserved mushroom caps and arrange caps in a lightly greased shallow baking dish, or the same parchment-lined pan you've roasted your mushrooms in. Sprinkle mushrooms with Parmesan and bake in middle of oven 15 minutes.